



Water Tracker

Activity One

For one day, keep track of the water that you use by putting a mark next to each activity that uses water.

Water Use	How many times?
Toilet (half flush)	e.g. ###
Toilet (full flush)	
Shower (5 minutes)	
Bath (half full)	
Teeth cleaning	
Washing hands (1 minute per wash approx.)	
Drinking	
Washing dishes	
Dishwasher	
Washing machine	
Washing pets	
Watering garden / lawns	
Other	



Water Usage Calculator

Location	End use	Litres of water used
Bathroom	Toilet: dual flush 6/3 (or 4.5/3) single flush only	3 litres per half flush or 6/4.5 litres per full flush 11 litres per flush
	Shower	6-11 litres per minute
	Bath	120 litres per filled bath
	Brushing teeth: with water running with a cup	3 litres per minute 0.5 litre per person
	Shaving: with water running with a cup	3 litres per minute 0.5 litre per person
	Washing hands with water running	3 litres per minute
	Cleaning showers: with the shower running with a bucket	6-11 litres per minute 9 litres per filled bucket
Kitchen	Washing dishes: by hand dishwasher	15 litres per half-filled sink 7 litres per load (5 star WELS rated) Older dishwasher up to 25 litres per load
	Drinking	2 litres per person per day
Laundry	Washing clothes: by hand	22 litres per half-filled laundry trough
	Washing machine* (e.g. 6kg load capacity)	30 litres per load (6 star WELS rated) 88 litres per load (3 star WELS rated) Older machines up to 180 litres per load
Outdoors	Washing outdoors, including pets, furniture, car: using running hose using a filled bucket	15 litres per minute 9-15 litres per minute
	Watering gardens: with a hose with a sprinkler	15 litres per minute 9-15 litres per minute
	Hosing driveways/pavements	15 litres per minute
	Topping up pool/spa/water features:	15 litres per minute
Leaks	Leaks: slow-dripping tap leak toilet cistern leak pool/spa small leak	3-27 litres per day 10 litres per day (barely visible) to 260 litres per day (large) 130 litres per week